

WAKULLA



**WAKULLA
ACES**

VOLLEYBALL CLUB

CLUB DIRECTOR:

Terri Lovestrand elovestran@aol.com
(850) 766-8930

TABLE OF CONTENTS:

Mission Statement ----- P. 1

Club Goals ----- P. 1

Club Leadership ----- P. 1

Membership and Club Fee Policies ----- P. 1

Refund Policies ----- P. 2

Player Policies ----- P. 2

Tournament Policies ----- P. 2

Consequences ----- P. 3

Substance Abuse Policy ----- P. 3

Sexual Harassment Policies ----- P. 3

Reporting Complaints ----- P. 3

Volunteer Policies ----- P. 3

Grievance Policies ----- P. 4

Minor Abuse Prevention Policies----- P. 5

Expectations of Coaches ----- P. 17

Expectations of Parents ----- P. 18

Volunteer Form ----- P. 19

Player Release Policy ----- P. 20



MISSION STATEMENT:

The mission of Wakulla Volleyball Club is to give local players an opportunity to learn and develop the physical and intellectual skills needed to excel in the sport of volleyball. This will be accomplished by providing local club teams as well as travel teams to accommodate various participation levels, promoting local camps and clinics offered by diverse schools and teams, and hosting mini-clinics during the off-season.

GOALS:

- ❖ Heighten the level of volleyball in Wakulla County by teaching basic and advanced volleyball skills during club season and through off-season camps and clinics sponsored by various organizations in the area.
- ❖ Develop a competitive spirit within the athletes that will spill over into other areas of the participants' lives.
- ❖ Develop women of integrity by modeling and teaching the concept of doing and saying what is right, not what is easy.
- ❖ Promote the sport of volleyball by developing future leaders in the sport in the form of officials, scorers, and coaches.

CLUB LEADERSHIP:

Club director: Terri Lovestrand

Sec : Leigh Annand

Treasurer: Lynne Smith

TRYOUTS:

Tryouts will be held at the beginning of each club season. Players will go through the evaluation process each year regardless of the team or position they played during the previous season. Players will be judged by several coaches and placed on the appropriate team. Currently there is a \$25 tryout fee for which all players are responsible whether they miss tryouts or not.

PRACTICE SITES / TIMES:

We are extremely blessed to have access to both Riversprings and Wakulla Middle School gyms. We normally have two of our teams practicing on Monday evening, Tuesday evening, Thursday evening and Saturday morning.

MEMBERSHIP AND CLUB FEES:

All players must register with AAU at www.aausports.org before tryouts. Players on a regional team must also register with USAV at www.floridavolleyball.org.

Club fees provide finances for our club registrations (AAU, USAV, Insurance, Gym Liability Coverage); equipment costs; uniforms; coaches' registrations, gear, coaching gift, travel expenses; and tournament registration fees. The club dues may be broken down into 4 payments payable: \$300 in September, the remaining balance will be divided into 2 payments due the middle of October and the end of November.



Players who are more than 1 week late with payment without prior consent from the director or their designee will be ineligible to participate in club activities until account is brought up to date.

REFUND POLICIES:

The Wakulla Volleyball Club refund policy provides for funds to be returned (less \$400 deposit) only for a medical reason. Requests must be made in writing and submitted to the Club director along with a note from the attending physician. Any requests for a refund due to an injury mid-way through season will be pro-rated.

All other requests would need to be approved by the Wakulla Volleyball Club board of directors. Requests may be mailed to: Terri Lovestrand 193 Glover Lane, Crawfordville, FL 32327.

SPONSORS: Players may use funds received from sponsors to cover their club fees. When a player has more sponsorship funds than what they need, the extra will be used to assist other players.

PLAYER POLICIES:

- ❖ Players are expected to represent themselves, their family, their community, and their club in a responsible and respectful manner.
- ❖ Players and the parents/guardians are financially responsible for anything that player damages at a practice or tournament facility.
- ❖ Players are guaranteed training and coaching at practices. Players are **NOT** guaranteed playing time. Playing time is earned at practice and is at the discretion of the coach. A poor attitude and/or an “I already know it all” attitude is the fastest way to lose playing time.
- ❖ Players are not guaranteed to play “their” position on the team. The coach’s goal is to have the strongest team.
- ❖ Players are expected to be respectful to their coaches, teammates, officials, and opponents.
- ❖ Players are expected to be at each practice unless they have made the coach aware they cannot attend.
- ❖ Players are to assume the scheduled practice is being held unless contacted by their coach.
- ❖ Players are expected to order and wear uniforms that fit their figure.

TOURNAMENT POLICIES:

- ❖ Athletes are expected to attend all tournaments. **In the event you are unable to make a tournament, please notify your coach as soon as possible.**
- ❖ If a parent is unable to attend or stay with an athlete at a tournament, please inform the coach know who is responsible for the athlete.
- ❖ All Wakulla Volleyball Club personnel (athletes, coaches, parents) are expected to conduct themselves with the utmost integrity. Remember your actions, words, and attitude reflect on all of us.
- ❖ Only athletes are allowed on the volleyball court at any of the tournaments. Please make sure they have what they need before they hit the court.



- ❖ NO FOOD OR DRINKS (only water in a closed container) and NO BUBBLE/CHEWING GUM is allowed in any of the volleyball facilities. The team is subject to penalties if this rule is disregarded.
- ❖ Athletes should always have all uniforms with them at tournaments.
- ❖ Parents are not to approach the coaching staff with complaints at a tournament.
- ❖ The Wakulla Volleyball Club and its adherents agree to uphold and follow the Florida Region USAV Code of Conduct.
- ❖ All athletes and coaches are expected to share in the officiating duties. No athlete may leave any practice or tournament without the coach's approval. ***Any player leaving (without prior approval) before the match their team is officiating ends, is stating they are no longer a part of that team or the organization. No refunds will be given.*** (amended 2/8/23)

CONSEQUENCES:

Consequences will be handled on an individual case basis. Most consequences will come from the team's head coach with more severe infractions being handled by the club director. These consequences may include but are not limited to: discipline running/exercise, bench time, suspensions, or expulsion from the Wakulla Volleyball Club.

SUBSTANCE ABUSE POLICY:

Any athlete caught drinking, smoking or using any illegal substance at any Wakulla Volleyball Club event, practice, or tournament shall be removed from the club with no refunds given. There will be no exceptions.

SEXUAL HARASSMENT:

The Wakulla Volleyball Club does not condone any form of sexual harassment. If you experience or witness anything that you consider to be sexual harassment, please report the incident to the club director. There will not be any retaliation for any reports made.

REPORTING COMPLAINTS:

It is the intent of the Wakulla Volleyball Club to deal forthrightly with all members of its club. We will endeavor to investigate and respond to any complaints that are made to our director and to be open in all the operations of our club.

COVID 19 CONCERNS:

WVC will follow CDC guidelines along with the recommendations from AAU, USAV, and state / local officials.



Dispute/Grievance Procedure

Wakulla Volleyball Club fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The below procedure is designed to help athletes and parents with questions, concerns, or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. 24-hour rule: If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regarding potential issues that would distract that coach from their primary objective of coaching the team.
2. Don't approach the coach immediately prior to the start of practice, the coach must focus on the athletes' and the training required during practice.
3. The athlete must first ask for a meeting with the coach to discuss the issue at hand. In the case of players on 13's or younger teams, the parents may request the meeting, in which the athlete, parent and coach must be present.
4. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach – NOT at a tournament and/or practice.
5. If the issue is unresolved, the parent may ask for a meeting with the club director, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, and director and during a scheduled time away from practice or a tournament is appropriate. The decision of the club director at this point is **FINAL**.

It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.



WAKULLA VOLLEYBALL CLUB
Terri Lovestrand

MINOR ATHLETE ABUSE PREVENTION POLICIES

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

SafeSport Club Policies

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel
6. Transportation
7. Lodging

These policies shall apply to the following:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**
- 2) Adult members who have regular contact with amateur athletes who are minors
- 3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor
- 4) Adult staff and board members of a **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)



PART III REQUIRED POLICIES FOR ONE-ON-ONE INTERACTIONS

5

The U.S. Center for SafeSport recognizes that youth-adult relationships can be healthy and valuable for development. Policies on one-on-one interactions protect children while allowing for these beneficial relationships. As child sexual abuse is often perpetrated in isolated, one-on-one situations, it is critical that organizations limit such interactions between youth and adults and implement programs that reduce the risk of sexual abuse.

ONE-ON-ONE INTERACTIONS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following one-on-one policy

A. Mandatory Components

1. Observable and Interruptible

- a. All one-on-one In-Program Contact between an Adult Participant and a Minor Athlete must be observable and interruptible, except in emergency circumstances.
- b. The exceptions below may apply to specific policies, and if the exceptions apply, they are listed in the policy. These exceptions also apply to all one-on-one In- Program Contact not specifically addressed in other policies:
 - i. When a Dual Relationship exists; or
 - ii. When the Close-in-Age Exception applies; or
 - iii. If a Minor Athlete needs an Adult Participant Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy; or
 - iv. In other circumstances specifically addressed in this policy that allow for certain one-on-one interactions if USA Volleyball, the Region or Club receives parent/ guardian consent.

MEETINGS AND TRAINING SESSIONS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Meetings and Training Sessions Policy

A. Mandatory Components

1. Observable and Interruptible

Adult Participants must follow the one-on-one interaction policy in all meetings and training sessions where Minor Athlete(s) are present.

2. Individual Training Sessions

a. One-on-one, In-Program, individual training sessions must be observable and interruptible except if:

i. A Dual Relationship exists; or

ii. The Close-in-Age Exception applies; or

iii. A Minor Athlete needs an Adult Participant Personal Care Assistant, and:

(1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and

(2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and

(3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

b. The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/guardian at least annually, which can be withdrawn at any time; and

c. Parents/guardians must be allowed to observe the individual training session.

3. Meetings with licensed mental health care professionals and health care providers (other than athletic trainers¹)

If a licensed mental health care professional or licensed health care provider meets one-on-one with a Minor Athlete at a sanctioned event or a facility, which is partially or fully under USA Volleyball's jurisdiction, the meeting must be observable and interruptible except:

a. If the door remains unlocked; and

b. Another adult is present at the facility and notified that a meeting is occurring, although the Minor Athlete's identity needs not be disclosed; and

and Rubdowns" policy.

¹ Athletic trainers who are covered under these policies must follow the "Athletic Training Modalities, Massages,

- c. USA Volleyball, the Region or Club is notified that the provider will be meeting with a Minor Athlete; and
- d. The provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.

B. USA Volleyball Recommended Requirements

1. Monitoring

If a permitted meeting or training session takes place between an Adult Participant(s) and a Minor Athlete(s) at a facility partially or fully under USA Volleyball's jurisdiction, another Adult Participant will monitor each meeting or training session. Monitoring includes reviewing the parent/guardian consent form, knowing that the meeting or training session is occurring, knowing the approximate planned duration of the meeting or training session, and dropping in on the meeting or training session.

2. Parent Training

Parents/guardians receive the U.S. Center for SafeSport's education and training on child abuse prevention before providing consent for their Minor Athlete to have a meeting or training session with an Adult Participant subject to these policies.

ATHLETIC TRAINING MODALITIES, MESSAGES, AND RUBDOWNS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Athletic Training Modalities, Messages, and Rubdown policy

A. Mandatory Components

1. Athletic training modality, massage, or rubdown

All In-Program athletic training modalities, massages, or rubdowns of a Minor Athlete must:

- a. Be observable and interruptible; and
- b. Have another Adult Participant physically present for the athletic training modality, massage, or rubdown; and
- c. Have documented consent as explained in subsection (2) below; and
- d. Be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin, or genitals are always covered; and
- e. Allow parents/guardians in the room as an observer, except for competition or training venues that limit credentialing.
- f. The provider must narrate the steps in the massage, rubdown, or athletic training modality before taking them, seeking assent of the Minor Athlete throughout the process.

2. Consent

- a. Providers of athletic training modalities, massages, and rubdowns or USAV, RVAs or Clubs, when applicable, must obtain consent at least annually from Minor Athletes' parents/guardians before providing any athletic training modalities, massages, or rubdowns.
- b. When possible, techniques should be used to reduce physical touch of the Minor Athlete.
- c. Only licensed providers can administer a massage, rubdown or athletic training modality.
- d. Coaches, regardless of whether they are licensed massage therapists, cannot massage Minor Athletes
- e. Minor Athletes or their parents/guardians can withdraw consent at any time.

B. Recommended components

1. Parent Training

Parents/guardians receive the U.S. Center for SafeSport education and training on child

abuse prevention before providing consent for their Minor Athlete to receive an athletic training modality, massage, or rubdown.

LOCKER ROOMS AND CHANGING AREAS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Locker Rooms and Changing Areas policy

A. Mandatory Components

1. Observable and Interruptible

Adult Participants must ensure that all one-on-one In-Program Contact with Minor Athlete(s) in a locker room, changing area, or similar space where Minor Athlete(s) are present is observable and interruptible, except if:

- a. A Dual Relationship exists; or
- b. The Close-in-Age Exception applies; or
- c. A Minor Athlete needs a Personal Care Assistant and:
 - i. the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and ii. the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and iii. the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

2. Conduct in Locker Rooms, Changing Areas, and Similar Spaces

- a. No Adult Participant or Minor Athlete can use the photographic or recording capabilities of any device in locker rooms, changing areas, or any other area designated as a place for changing clothes or undressing.

- b. Adult Participants must not change clothes or behave in a manner that intentionally or recklessly exposes their breasts, buttocks, groins, or genitals to a Minor Athlete.
- c. Adult Participants must not shower with Minor Athletes unless:
 - i. The Adult Participant meets the Close-in-Age Exception; or
 - ii. The shower is part of a pre- or post-activity rinse while wearing swimwear.
- d. Parents/guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participant(s) during In-Program Contact. USA Volleyball and the Adult Participant(s) must abide by this request.

3. Media and Championship Celebrations in Locker Rooms

USA Volleyball may permit recording or photography in locker rooms for the purpose of highlighting a sport or athletic accomplishment if:

i. Parent/legal guardian consent has been obtained; and

- ii. USA Volleyball, the Region or Club approves the specific instance of recording or photography; and
- iii. Two or more Adult Participants are present; and iv. Everyone is fully clothed.

4. Personal Care Assistants

Adult Participant Personal Care Assistants are permitted to be with and assist Minor Athlete(s) in locker rooms, changing areas, and similar spaces where other Minor Athletes are present, if they meet the requirements in subsection (1)(a)(iii) above.

5. Availability and Monitoring of Locker Rooms, Changing Areas, and Similar Spaces

- a. USA Volleyball, the Region or Club must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.
- b. USA Volleyball the Region or Club must monitor the use of locker rooms, changing areas, and similar spaces to ensure compliance with these policies at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.

ELECTRONIC COMMUNICATIONS²

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Electronic Communications policy

A. Mandatory Components

² Electronic communications include, but are not limited to: phone calls, videoconferencing, video coaching, texting, and social media.

1. Open and Transparent

- a. All one-on-one electronic communications between an Adult Participant and a Minor Athlete must be Open and Transparent except:
 - i. When a Dual Relationship exists; or
 - ii. When the Close-in-Age Exception applies; or
 - iii. If a Minor Athlete needs a Personal Care Assistant and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.
- b. Open and Transparent means that the Adult Participant copies or includes the Minor Athlete's parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.
 - If a Minor Athlete communicates with the Adult Participant first, the Adult Participant must follow this policy if the Adult Participant responds.
- c. Only platforms that allow for Open and Transparent communication may be used to communicate with Minor Athletes.

2. Team Communication

When an Adult Participant communicates electronically to the entire team or any number of Minor Athletes on the team, the Adult Participant must copy or include another Adult Participant or the Minor Athletes' parents/guardians.

3. Content

All electronic communication originating from an Adult Participant(s) to a Minor Athlete(s) must be professional in nature unless an exception in (1)(a) exists.

4. Requests to discontinue

Parents/guardians may request in writing that USA Volleyball or an Adult Participant subject to this policy not contact their Minor Athlete through any form of electronic communication. USA Volleyball and the Adult Participant must abide by any request to discontinue, absent emergency circumstances.

5. Hours

Electronic communications must be sent only between the hours of 8:00 a.m. and 8:00 p.m. local time for the location of the Minor Athlete.

6. Social Media Connections

Adult Participants, except those with a Dual Relationship or who meet the Close-in-Age Exception, are not permitted to maintain private social media connections with Minor Athletes and must discontinue existing social media connections with Minor Athletes.

TRANSPORTATION

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Transportation policy

A. Mandatory Components

1. Transportation

a. An Adult Participant cannot transport a Minor Athlete one-on-one during In-Program travel, except if:

i. A Dual Relationship exists; or ii. The Close-in-Age Exception applies; or

iii. A Minor Athlete needs a Personal Care Assistant and:

- (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
- (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
- (3) the Adult Participant Personal Care Assistant has complied with USA

Volleyball's screening policy; or

iv. The Adult Participant has advance, written consent to transport the Minor Athlete one-on-one obtained at least annually from the Minor Athlete's parent/guardian.

b. Minor Athlete(s) or their parent/guardian can withdraw consent at any time.

c. An Adult Participant meets the In-Program transportation requirements if the Adult Participant is accompanied by another Adult Participant or at least two minors.

d. Written consent from a Minor Athlete's parent/guardian is required for all transportation sanctioned by USA Volleyball, the Region, or Club at least annually.

2. Shared or Carpool Travel Arrangement

USA Volleyball mandates parents/guardians to pick up their Minor Athlete first and drop off their Minor Athlete last in any shared or carpool travel arrangement.

LODGING

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Lodging policy

A. Mandatory Components

1. Hotel Rooms and Other Sleeping Arrangements

a. All In-Program Contact at a hotel or lodging site between an Adult Participant and a Minor Athlete must be observable and interruptible, and an Adult Participant cannot share a hotel room or otherwise sleep in the same room with a Minor Athlete(s), except if:

i. A Dual Relationship Exists, and the Minor Athlete's parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement;

- ii. The Close-in-Age Exception applies, and the Minor Athlete’s parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement; or
 - iii. The Minor Athlete needs a Personal Care Assistant, and:
 - (1) The Minor Athlete’s parent/guardian has provided advance, written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete and for the lodging arrangement;
 - (2) The Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) The Adult Participant Personal Care Assistant has complied with USA Volleyball’s screening policy.
 - b. Written consent from a Minor Athlete’s parent/guardian must be obtained for all In- Program lodging at least annually.
2. Monitoring or Room Checks During In-Program Travel
If USA Volleyball, the Region or Club performs room checks during In-Program lodging, the one-on- one interaction policy must be followed and at least two adults must be present for the room checks.
3. Additional Requirements for Lodging Authorized or Funded by USA Volleyball, RVAs or Clubs.
- a. Adult Participants traveling with USA Volleyball, the Region or Club must agree to and sign USA Volleyball, the Region or Club ’s lodging policy at least annually.
 - b. Adult Participants that travel overnight with Minor Athlete(s) are assumed to have Authority over Minor Athlete(s) and thus must comply with the Center’s Education & Training Policy.

PART IV

RECOMMENDED POLICIES FOR KEEPING YOUNG ATHLETES SAFE

A. Out-of-Program Contact

Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not have out-of-program contact with Minor Athlete(s) without legal/parent guardian consent, even if the out-of-program contact is not one-on-one.

B. Gifting

- 1. Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not give personal gifts to Minor Athlete(s).
- 2. Gifts that are equally distributed to all athletes and serve a motivational or education purpose are permitted.

C. Photography/Video

1. Photographs or videos of athletes may only be taken in public view and must observe generally accepted standards of decency.
2. Adult Participants should not publicly share or post photos or videos of Minor Athlete(s) if the Adult Participant has not obtained the Parent/Guardian and Minor Athlete's consent.

TERMINOLOGY

Adult Participant: Any adult (18 years of age or older) who is:

- a. A member or license holder of USA Volleyball, RVAs or Clubs ;
- b. An employee or board member of USA Volleyball, RVAs or Clubs ;
- c. Within the governance or disciplinary jurisdiction of USA Volleyball, RVAs or Clubs ;
- d. Authorized, approved, or appointed by USA Volleyball, RVAs, or Clubs to have regular contact with or authority over Minor Athletes.³

Amateur Athlete: An athlete who meets the eligibility standards established by the National Governing Body or paralympic sports organization for the sport in which the athlete competes.

Authority: When one person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person. Also see the [Power Imbalance definition in the SafeSport Code](#). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

Close-in-Age Exception: An exception applicable to certain policies when an Adult Participant does not have authority over a Minor Athlete *and* is not more than four years older than the Minor Athlete (e.g., a 19-year-old and a 16-year-old). Note: this exception *only* applies within the prevention policies and *not* regarding conduct defined in the SafeSport Code.

Dual Relationships: An exception applicable to certain policies when an Adult Participant has a dual role or relationship with a Minor Athlete and the Minor Athlete's parent/guardian has provided written consent at least annually authorizing the exception.

In-Program Contact: Any contact (including communications, interactions, or activities) between an Adult Participant and any Minor Athlete(s) related to participation in sport.

Examples of In-Program Contact include, but are not limited to: competition, practices, camps/clinics, training/instructional sessions, pre/post game meals or outings, team travel, review of game film, team- or sport-related relationship building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community service, sport education, or competition site visits.

³ This may include volunteers, medical staff, trainers, chaperones, monitors, contract personnel, bus/van drivers, officials, adult athletes, staff, board members, and any other individual who meets the Adult Participant definition

Local Affiliated Organization (LAO): A regional, state, or local club or organization that is directly affiliated with an NGB or that is affiliated with an NGB by its direct affiliation with a regional or state affiliate of said NGB. LAO does not include a regional, state, or local club or organization that is only a member of a National Member Organization of an NGB. LAOs of USA Volleyball include all 41 Regional Volleyball Association regions and all volleyball clubs that are a member of those regions.

Minor Athlete: An Amateur Athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

Partial or Full Jurisdiction: Includes any sanctioned event (including all travel and lodging in connection with the event) by the NGB, PSO, USOPC, or LAO, or any facility that the NGB, PSO, USOPC, or LAO owns, leases, or rents for practice, training or competition.

National Governing Body (NGB): A U.S. Olympic National Governing Body, Pan American Sport Organization, or Paralympic Sport Organization recognized by the U.S. Olympic & Paralympic Committee pursuant to the Ted Stevens Olympic and Amateur Sports Act, 36 U.S.C. §§ 220501, et seq. This definition shall also apply to the USOPC, or other sports entity approved by the USOPC, when they have assumed responsibility for the management or governance of a sport included on the program of the Olympic, Paralympic, or Pan-American Games.

Adult Participant Personal Care Assistant: An Adult Participant who assists an athlete requiring help with activities of daily living (ADL) and preparation for athletic participation. This support can be provided by a Guide for Blind or visually impaired athletes or can include assistance with transfer, dressing, showering, medication administration, and toileting. Personal Care Assistants are different for every athlete and should be individualized to fit their specific needs. When assisting a Minor Athlete, Adult Participant PCAs must be authorized by the athlete's parent/guardian.

Paralympic Sport Organization (PSO): an amateur sports organization recognized and certified as an NGB by the USOPC.

Regular Contact: Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

U.S. Olympic & Paralympic Committee (USOPC): A federally chartered nonprofit corporation that serves as the National Olympic Committee and National Paralympic Committee for the United States.

APPENDIX I

CHART OF POSSIBLE ADULT PARTICIPANTS IN USAV:

Adult Participant	Regular Contact	Authority Over
USAV Staff/Interns	X	X
USAV Board Members		X
Region/Club Staff	X	X
Region/Club Board Members		X
Coaches	X	X
Officials	X	X
USAV Members 18 years or over on teams with Minors	X	
Chaperones	X	X
Club Administrators	X	X
Arbitrators	X	X
Medical Professionals	X	X
Athletic Trainers	X	X
Independent Contractors	X	

USAV Members 18 and over who are only participating in Opens (i.e., not also a club coach, chaperone, or board member) with no minor players are not required to take training.

CLUB EXPECTATIONS OF COACHES

GENERAL EXPECTATIONS

Coaches will:

- Encourage and show respect to all players, coaches, and directors.
- Give his/her best effort to fulfill their responsibilities to develop volleyball skills and techniques in their players
- Complete all necessary registrations and training prior to the first practice.

PRACTICE EXPECTATIONS

Coaches will:

- Be aware of and enforce the Player Rules of Conduct . Consequences will be assigned by the player's coach for infractions.
- Allow appropriate time at the beginning and end of practice for warm-up and stretching.
- Will give regular water breaks throughout practice.
- Coach will arrive prior to scheduled practice time to insure they are prepared and that practice begins on time.
- Remain at gym until all players have departed with a parent.

TOURNAMENT EXPECTATIONS

Coaches will:

- Be aware of and enforce the Player Rules of Conduct . Consequences will be assigned by the player's coach for infractions.
- Attend coaches' meeting prior to tournament.
- Maintain and have in possession required paperwork for tournament.
- Take and return volleyballs required for tournament.
- Conduct their selves in a professional manner as they represent their team and club.
- Remain at gym until all players have departed with a parent.



CLUB EXPECTATIONS OF PARENTS

Never approach a coach with a complaint directly after a match or tournament. Allow 24-hours to pass before contacting the coach with your concerns (unless it is a safety issue).

Encourage your child to speak for themselves to the coach when concerned about playing time or the position they are currently playing.

If there are serious concerns after your child has spoken with the coaching staff, then set up a time to talk with the coach, with your daughter present, so that you may model good conflict resolution skills.

Remember everyone does not always get to play the position they think they are best suited. The coaches need to take all the players' skills and talents in to account as they determine the playing line up.

Do your best to ensure your daughter is at all practices and tournaments on time and ready to participate. *Plan to arrive 5 mins before the scheduled pick-up time.*

Be your child's greatest fan and cheerleader. Volleyball will end but your relationship with your daughter lives on.

Always show you enjoy watching your daughter no matter what her role on the team may be.

Understand the rules of the game.

Speak positively about your daughter's teammates, coaches, and club. The damage negative talk causes is often irreparable.

Since we are attempting to train our athletes to respect authority, keep comments to the official civil.





2023

VOLUNTEER

FORM

NAME: _____ AAU # _____ USAV# _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

As a volunteer with the Wakulla Volleyball Club, I realize that I will be subject to the authority of the coaching staff and the members of the board of directors.

My parent(s) will not be included in instructional conversations. If I am being accused of inappropriate conduct (such as cursing, bullying, drug, alcohol or tobacco use), I will be accompanied by at least one parent during the discussion.

I understand my position as a volunteer with the Wakulla Volleyball Club is a privilege not a right and that termination of services may occur at the discretion of the Board.

By signing below, I acknowledge that I have read and agree to abide by the above statements.

Participant's signature

Date

Parent's signature (if participant is under 18)

Date

Candidate has been approved by the WVC Board of Directors ___yes ___no
Board Member's signature _____

Wakulla Volleyball Club



Club Release & Transfer Policy

If an athlete/family decides to depart Wakulla Volleyball Club during the respective season, the following steps must take place:

1. **Release Policy:** The athlete/family in question must submit a written request for release to the Club Director, Terri Lovestrand, (at elovestran@aol.com) and to the Florida Region (at registrar@FloridaVolleyball.org) stating the reason for the request.
 - a. Wakulla Volleyball Club will release the athlete immediately once the following item(s) have been completed:
 - b. Athlete returns all club gear provided to athlete this season.
 - c. Member must remit all financial obligations agreed upon contractually. Payment Option – Member pays full cost of season.
 - d. **Transfer Policy:** There are no transfers allowed in the Florida Region without extenuating circumstances. A player can represent only one club during the Season. A change in geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams. Proof of residency must be provided by the family at the time of the release/transfer request.
 - e. Once an athlete has participated in a **National Qualifier Event (Regional or NQ)** they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) policy on releases on athletes that participate in regional or national qualifying/bid events. Please refer to the Girls' Junior National Qualifier/Spring Championships/Championships Manual.

Parent Name (Print)

Parent Signature

Date: _____

